

Interest and Career Planning

Do you prefer to work indoors or outdoors? _____

Do you like working with people? _____

Are you willing to put long hours into your job? _____

Do you like set or flexible work hours? _____

Do you enjoy working with computers? _____

Do you want a career where there is potential for advancement? _____

Are you interested in a profession (doctor, lawyer, etc)? _____

Do you want to travel as a part of your work? _____

What other factors will you take into account when planning your career path?

Go to the United States Department of Labor web site and read about the careers you are interested in.

www.dol.gov/dol/esa/public/regs/compliance/whd/wage/main.htm

What careers match your interests?

BUDGET MONTH-ONE

Congratulations! You have landed your first job. Since you have only recently graduated you still live at home this month.

What is your new job? _____

What annual salary can you expect to earn? _____

What is your monthly disposable income? (Income after deductions for taxes, retirement)

Whether you work in a business, professional or industrial setting you may have to purchase work clothes or equipment. Spend some time doing actual research (at a shopping center or online) and calculate how much you will have to spend the first year on clothes and/or equipment that are essential to your work. Write that total on the line below.

Clothes will not be your only expenses this month. Though you do not pay rent, or buy groceries, you still have costs such as transportation, entertainment, lunches, etc. Make a list of your typical monthly expense and add them to your budget.

Expenditure Item	Cost

Budget Month-One Ledger

Directions: Fill in the ledger by entering your monthly disposable income in the first column, clothing and equipment expenses in the second column, your other monthly expenses in the third column, and keep a running balance account of your income in the last column. This ledger will help you to establish a preliminary budget for the month. It may have to be adjusted as time passes. The budget may also be completed on a computer spreadsheet if one is available. If there is money remaining after expenses enter it in the “Total Savings after Month One” line.

Disposable Income	Clothing/Equipment Expenses	Other Expenses	Running Balance

Total savings after Month-One: _____